



Carlisle & Hampton Hill Federation



Carlisle Infant School

Broad Lane, Hampton, TW12 3AJ

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Headteacher: Mrs Z Brittain BA (Hons)

Deputy Head: Mr D Wells BA (Hons)

Hampton Hill Junior School

St. James's Avenue, Hampton Hill, TW12 1HW

Tel: 020 8979 3019

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Headteacher: Mr A Went B.Ed (Hons)

Deputy Head: Mrs A Appleyard BAQTS

Dear Parents/Carers

We are delighted to be celebrating mental health and wellbeing week as part of our ongoing commitment to promoting positive mental health at HHJS. We will be focusing on this as part of the BBC's Children in Need 'Five to Thrive' campaign. Five to Thrive is a programme of wellbeing activities inspired by the 5 ways to wellbeing, to help children feel happier and healthier. To find out more, have a look at the Children in Need website <https://www.bbcchildreninneed.co.uk/schools/primary-school/>



Friday 13th November is a great opportunity to get the whole of HHJS involved in supporting such a great cause. We would like the children to come into school dressed in **colourful mufti** - **as colourful as possible** (please no sports/football kit). We have set up a JustGiving page for our school so you can make a donation directly. Please follow the link:

<https://www.justgiving.com/fundraising/hampton-hill-junior-school?newPage=True>

Thank you in advance for your donations to this fantastic cause.

Kind regards,

Mrs Wood
PSHE Lead

