



Guidance for parent/carers re symptoms

| What To Do If... | Actions to take.... | Return to school when.... |
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| Your child has a headache | Your child does not need to be tested; you do not need to self-isolate. Your child can attend school if fit to do so. Follow usual daily school absence reporting procedure. | Your child can attend school if fit to do so / has recovered |
| Your child has a sore throat | Your child does not need to be tested; you do not need to self-isolate. Your child can attend school if fit to do so. Follow usual daily school absence reporting procedure. | Your child can attend school if fit to do so / has recovered. |
| Your child has been sick | Your child needs to remain off school for 48 hours following the last bout of sickness. Follow usual daily school absence reporting procedure. | Your child can attend school if fit to do so / has recovered |
| Your child has diarrhoea | Your child needs to remain off school for 48 hours following the last bout of diarrhoea. Follow usual daily school absence reporting procedure. | Your child can attend school if fit to do so / has recovered |
| Your child has a new continuous cough (coughing a lot, for more than an hour, or three or more coughing episodes within 24 hours) | Do NOT come into school. Whole household self-isolates for 14 days / or until a negative test result. Book a C-19 test. Inform school daily of absence; and of test results. | Test comes back negative or 14 day self-isolation period has ended. |
| Your child has a high temperature and is hot to touch on chest or back. | Do NOT come into school. Whole household self-isolates for 14 days / or until a negative test result. Book a C-19 test. Inform school daily of absence; and of test results. | Test comes back negative or 14 day self-isolation period has ended. |



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| <p>Your child has a loss or change in taste / smell.</p> | <p>Do NOT come into school. Whole household self-isolates for 14 days / or until a negative test result. Book a C-19 test. Inform school daily of absence; and of test results</p> | <p>Test comes back negative or 14 day self-isolation period has ended.</p> |
| <p>Your child has other cold symptoms (e.g. runny nose)</p> | <p>Your child does not need to be tested; you do not need to self-isolate. Your child can attend school if fit to do so.</p> | <p>Your child can attend school if fit to do so / has recovered</p> |
| <p>Your child tests positive for C19</p> | <p>Do NOT come to school. Contact school daily. Whole household to self-isolate for 14 days.</p> | <p>Return to school after the 14 days period has ended.</p> |
| <p>Your child tests negative for C-19</p> | <p>Contact the school to discuss return to school.</p> | <p>Return to school when well enough.</p> |
| <p>Someone in my household has C-19 symptoms</p> | <p>Do not come to school. Contact school daily. Whole household to self-isolate for 14 days. The household member with symptoms is to get tested.</p> | <p>Return to school when test outcome is negative.</p> |
| <p>We / my child has travelled and has to quarantine.</p> | <p>Do NOT take unauthorised leave during term time. Consider quarantine advice when booking travel. Please use common sense when booking holidays abroad – some countries and more prone than others to being on the quarantine list. Do not come to school. Contact school daily. Whole household to self-isolate for 14 days.</p> | <p>Return to school after the 14 days period has ended.</p> |