

HAMPTON HILL AUTUMN/WINTER MENU

Monday

Tuesday

Wednesday

Thursday

Friday

WEEK ONE




Option 1	Macaroni Cheese	Chicken Korma Curry with Rice	Roasted Chicken Stuffing, Roast Potatoes and Gravy	Beef Burger with Toppings & Potato Wedges	Fishfingers/ Salmon Fishfingers with Chips
Option 2	Tomato & Lentil Pasta	Lentil & Sweet Potato Curry with Rice	Crunchy Top Veg Bake with Roast Potatoes	Veg Burger with Toppings & Potato Wedges	Cheese Omelette with Chips
Option 3	Jacket Potato Bar	Chicken & Cheesy Coleslaw Pitta Bread	Jacket Potato Bar	Tuna Mayo Bap	Jacket Potato Bar
Vegetables	Cauliflower Green Beans	Peas Sweetcorn	Carrot & Swede Mash Cabbage	Sweetcorn Roasted Peppers	Peas Baked Beans
Dessert	Pear and Chocolate Crumble with Custard Yoghurt / Fresh Fruit	Yoghurt & Raisin Cake Yoghurt / Fresh Fruit	Fresh Fruit & Yoghurt Station	5 A Day Cake Yoghurt / Fresh Fruit	Vanilla Shortbread Yoghurt / Fresh Fruit

WEEK TWO

Option 1	Cheese & Tomato Pin Wheel with New Potatoes	Cajun Chicken with rice	Roast Chicken and Gravy with Roast Potatoes	Spaghetti Bolognese with Garlic Bread	Breaded Fish with Chips & Tomato Sauce
Option 2	Wholemeal Vegetable Pasta Bake	Moroccan Veggie Meatballs in Tomato Sauce with rice	Cauliflower & Broccoli Cheese Bake with Roast Potatoes	Vegan Spaghetti Bolognese with Garlic Bread	Mexican Roll with Chips
Option 3	Jacket Potato Bar	Ham Salad Bap	Jacket Potato Bar	Cheese & Crunchy Rainbow Slaw Wrap	Jacket Potato Bar
Vegetables	Peas Carrots	Broccoli Sweetcorn	Carrots Brussel Sprouts	Green Beans Roasted Butternut Squash	Peas Baked Beans
Dessert	Chocolate Drizzle Cake Yoghurt / Fresh Fruit	Mandarins with Ice-Cream Yoghurt / Fresh Fruit	Yoghurt / Fresh Fruit	Apple & Blackberry Roll with Custard Yoghurt / Fresh Fruit	Oaty Cookie Yoghurt / Fresh Fruit

WEEK THREE

Option 1	Cheese & Tomato Pizza with Potato Wedges	Sausage Roll with Potato Wedges	Herb Roasted Chicken with Roast Potato	Sticky Chicken Noodles	Fish in Batter with Chips & Tomato Sauce
Option 2	Roasted Vegetable Pizza with Potato Wedges	Veggie Sausage Roll with Potato Wedges	Vegan Quorn Roast with Roast Potato	Sweet & Sour Quorn Noodles	Cheese Quiche with Chips
Option 3	Jacket Potato Bar	Cheese & Tomato Baguette	Jacket Potato Bar	Egg Mayo Baguette	Jacket Potato Bar
Vegetables	Green Beans Carrots	Baked Beans Sweetcorn	Cauliflower Peas	Broccoli Carrots	Mushy Peas Baked Beans
Dessert	Marble Cake Yoghurt / Fresh Fruit	Chocolate Cookie Yoghurt / Fresh Fruit	Fresh Fruit & Yoghurt	Banana Sponge with Custard Yoghurt / Fresh Fruit	Apple, Cheese & Crackers Yoghurt / Fresh Fruit

-  Added Plant Power
-  Vegan
-  Wholemeal
-  Oily Fish

Available Daily

- Fresh Wholemeal and other flavoured Bread baked on site
- Fresh salad selection

ALLERGY INFORMATION

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance, you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross-contamination.